
Rose Holdren, D.D.S.

2625 Wheaton Way # C Bremerton, WA 98310
(360) 479-1450



“As Galadriel said, “Even the smallest person can change the course of the future.” We believe it is important to do our part to protect the environment for future generations.”

Dr. Rose Holdren

Congratulations to Dr. Rose Holdren’s dental office for recently earning a **4-star** rating as an EnviroStars business. The EnviroStar program recognizes businesses that properly manage and reduce hazardous waste. By handling their hazardous and solid waste in an environmentally responsible manner, Dr. Holdren is setting an excellent example to other dental offices in the community.



Debbie Williams, a dental assistant with Dr. Holdren, led the effort to certify the office as an EnviroStars business.

Front row, *left to right*: Monica & Jill
Back row, *left to right*:
Charlene, Debbie, Dr. Rose Holdren
(and Legolas)

The types of hazardous waste generated by dental offices include; amalgam, used for fillings, x-ray film fixative, lead foils, and cleaning solutions.

The amalgam waste, and fixative from the x-ray unit are properly collected and disposed of through a licensed waste hauler. As a result of the EnviroStar certification process the office chose to discontinue the use of the cold sterilant gluteraldehyde. The majority of the dental tools are now sterilized with a steam autoclave. In some circumstances a chemical sterilant is necessary, so the office has switched to one that is less toxic. Lead from x-ray film packaging and aprons is recycled through a local hazardous waste vendor too.

Other ways the office is helping the environment is by storing and containing wastes by using best management practices. They have written procedures for disposing of various waste streams, they use secondary containers, and have spill absorbent materials. The staff also discusses waste management and reduction issues at staff meetings.

All of these steps are significant in reducing the amount of hazardous waste entering the environment.