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# ***News Release***

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## **Health District to Hold Free Walk-in H1N1 Vaccination Clinics During the Next Two Weeks**

**BREMERTON, WA** — The Kitsap County Health District, in partnership with the Department of Emergency Management's Medical Reserve Corps volunteers, will offer free walk-in H1N1 vaccination clinics at the Norm Dicks Government Center on Monday, February 8<sup>th</sup> through Thursday, February 11<sup>th</sup> and Tuesday, February 16<sup>th</sup> through Friday, February 19<sup>th</sup>. Clinic hours will be 10:00 a.m. to 3:00 p.m. each day. The address is 345 6<sup>th</sup> Street in Bremerton.

H1N1 vaccinations will be available at no cost. There is one-hour free parking in the District's parking lot on the east side of the Government Center. Kitsap Transit busses serve the Government Center from most communities. Bus route and schedule information is available at Kitsap Transit, by phone at (360) 373-2877, or on their web site at: <http://www.kitsaptransit.org>.

The multi-day, free H1N1 vaccination clinics are open to anyone over six months of age. This is a walk-in clinic - no appointments are needed.

While interest and concern about the H1N1 virus has declined across the country, the Health District still recommends that people be vaccinated. Most persons who get H1N1 flu experience mild to moderate illness, but four county residents have died from H1N1 and for some; the flu can be a severe and lengthy illness and can lead to the loss of multiple work or school days. Vaccination is the best way to avoid the flu.

For more information, contact the Kitsap County Health District's 24-hour telephone hotline at 360-337-5240 or go online at [www.kitsapcountyhealth.com](http://www.kitsapcountyhealth.com).

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