



Pat Degracia, John Emery - 2007 Kitsap Gets Active Award, Janet Mano & April Borbon

### **“Kitsap Gets Active Award” Goes to John Emery**

**Bremerton - Kitsap Gets Active**, a coalition promoting physical activity and nutrition is Kitsap County, will be honoring John Emery, Central Kitsap High School Track and Field Coach, with the first-ever “Kitsap Gets Active Award”. Mr. Emery is being honored for his outstanding leadership in engaging community youth in healthy and active lifestyles.

Mr. Emery will be recognized by the Kitsap Gets Active Coalition at the Kitsap County Board of Health meeting on September 11, 2007, at 11:20 a.m., at the Norm Dicks Government Center, 345 Sixth Street, in Bremerton.

For the past four years, Mr. Emery has voluntarily led a group of youths and some adults in daily physical activities during the summer months when students are most likely to be inactive. He combines running and conditioning in a program that is open to all students and all levels of physical ability.

For more information about the award, or about the Health District’s physical activity promotion program, contact Pat Degracia at (360) 337-5234.