

# County Health Rankings 2022

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KITSAP PUBLIC HEALTH DISTRICT

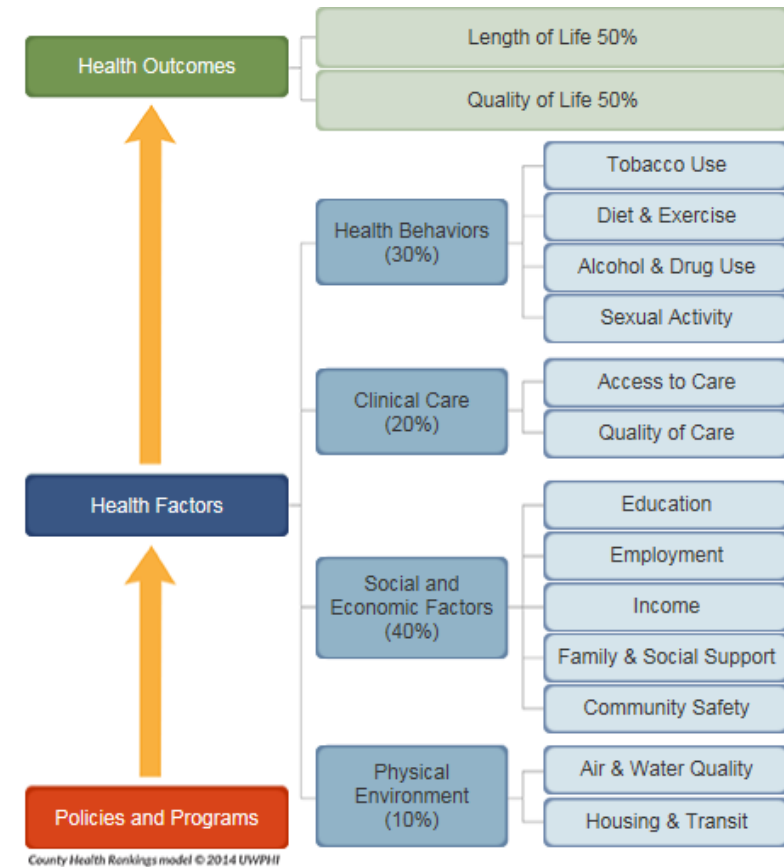
# Agenda

- Overview of County Health Rankings
- Comparison of County Health Rankings and KPHD Indicators
- County Health Rankings Data



# County Health Rankings

- <http://www.countyhealthrankings.org>
- Developed by Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute
- First released in 2010
- Data sources are national
- Rankings include 35 indicators
- Website includes additional indicators



# County Health Rankings compared to KPHD Indicators

- [https://kitsappublichealth.org/information/data\\_Indicators.php](https://kitsappublichealth.org/information/data_Indicators.php)
- KPHD Indicators are generated from national, state, and local data using most current data. Updated as more current data released.
- KPHD Indicators show trend over time and compare to WA state
- County Health Rankings use national-level data. Updated annually.
- Ranks based on comparison other counties, trend over time for certain measures, and comparison to WA state and top 10% US counties



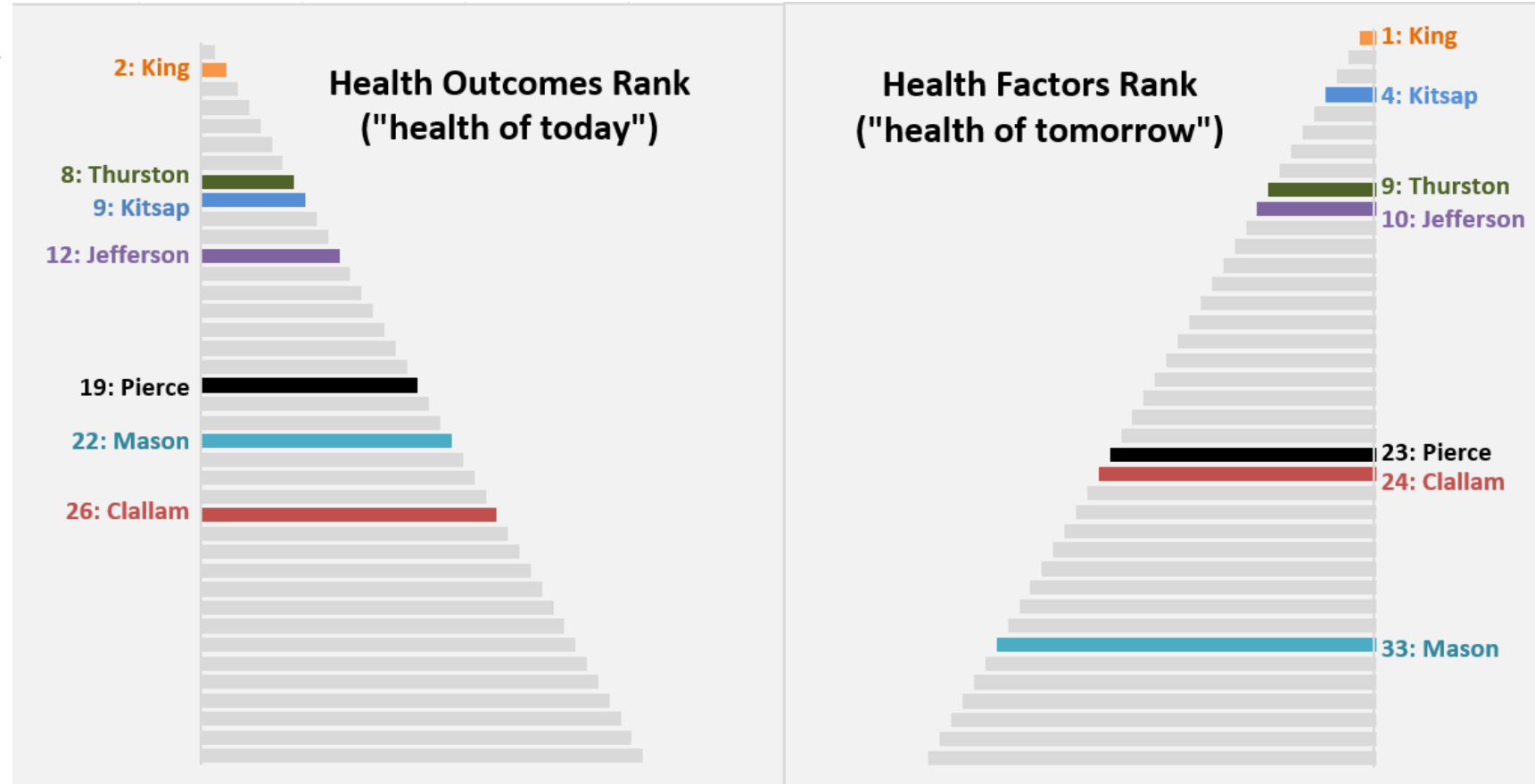
# County Health Rankings and KPHD Indicators

- Raise awareness of community health
- Present a call to action
- Identify areas for more in-depth analysis



# Kitsap County - 2022 Health Rankings

- Health Outcomes Rank increased from 13<sup>th</sup> (2021) to 9<sup>th</sup> (2022)
- Health Factors Rank stayed the same at 4<sup>th</sup>



# County Health Rankings Data

## Improving Trends

- Decrease in percent uninsured (2019)
- Decrease in air pollution (PM 2.5) (2018)

## Areas of Strength

- Adults Completing High School and with Some College (2016 – 20)
- Low Percent of Adults Reporting No Physical Activity (2019)

## Worsening Trends

- Increase in number of sexually transmitted infections (2019)
- Increase in number of injury deaths (2016 – 20)



# Sample of New Indicators Added in 2022

- COVID-19 Age Adjust Mortality Rate (2020)
  - Kitsap: 12 per 100,000, WA: 37 per 100,000
- Living Wage (2021)
  - Kitsap: \$39.48 hourly wage, WA: \$40.51 hourly wage
- Gender Pay Gap (2016 – 2020)
  - Kitsap: 0.78 cents per dollar, WA: 0.79 cents per dollar
- Childcare Cost Burden (2020, 2021)
  - Kitsap: 23% of household income, WA: 27% of household income





Questions?



# Chronic Disease Prevention Program

Dana Bierman, Program Manager  
Megan Moore, Community Liaison

Kitsap Board of Health  
May 3, 2022



KITSAP PUBLIC HEALTH DISTRICT

# Agenda

## ➔ Introduction

## ➔ Programmatic Overview

- Youth Cannabis Prevention & Commercial Tobacco Prevention Program
- Healthy Eating & Active Living Coalition
- Kitsap Moves Campaign



# Chronic Disease Prevention Team

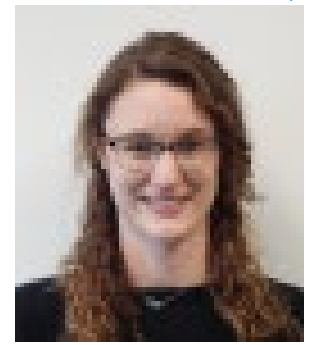
Dana Bierman



Megan Moore



Sarah Kinnear



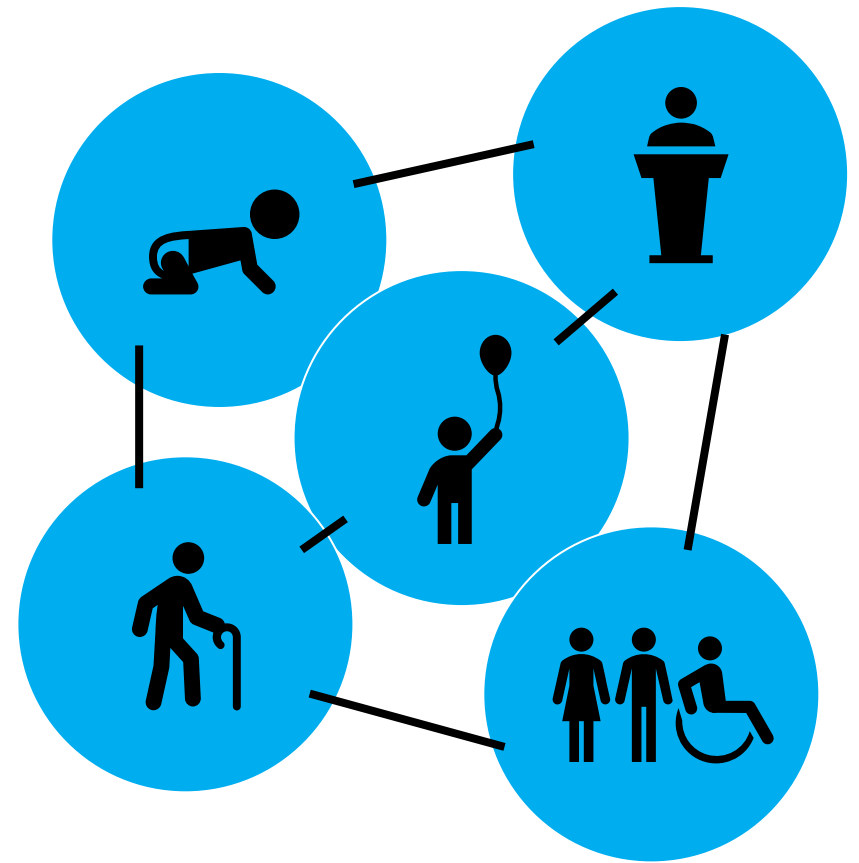
Karen Boysen-Knapp

Jill Guerrero



# Chronic Disease Prevention

We work with **statewide partners** and **community programs** to provide equitable opportunities for Kitsap residents to live a healthy life.



# Program Overview

## Supplemental Nutrition Assistance Program Education (SNAP-Ed)



## Local Strategies on Physical Activity and Nutrition (LSPAN)

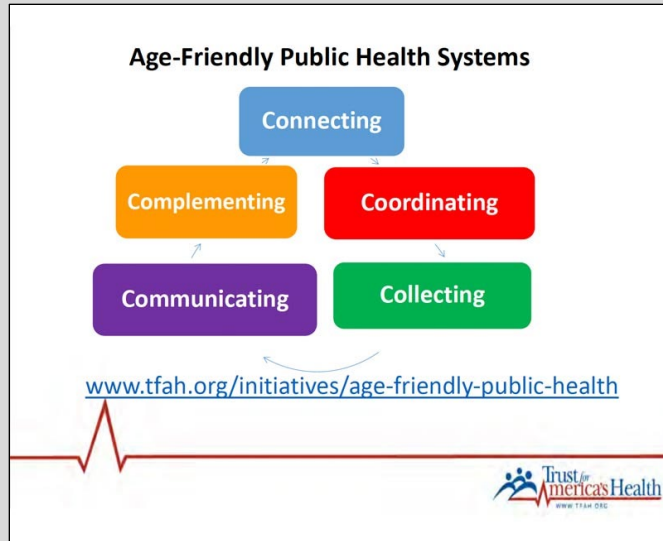


[Kitsapsupportsbreastfeeding.com](http://Kitsapsupportsbreastfeeding.com)



# Program Overview, continued

## Age-Friendly Public Health Systems (AFPHS)



## Commercial Tobacco Prevention Program



# Youth Cannabis & Commercial Tobacco Prevention Program

**Goal:** Create healthy environments where youth can choose NOT to use substances.

**Why:** Data show that youth often use substances to cope with stress, adversity, family challenges, or community pressures.





# Youth Empowerment

Build youth skills, confidence, and knowledge to talk to policymakers about youth substance use, mental health, and other topics important to them.

Youth have ideas that matter. We want to amplify them to policymakers.



# Healthy Eating & Active Living

## Goals

- Increase equitable access to healthy foods and opportunities for active living.
- Cultivate a community that prioritizes healthy eating and active living.



Healthy Eating, Active Living

[kitsapheal.org](http://kitsapheal.org)



KITSAP PUBLIC HEALTH DISTRICT

# Kitsap Moves

A workgroup of the HEAL coalition focused on developing strategies that support physical activity.



## OUR GOAL

Encourage Kitsap County residents to increase their movement

## STRATEGY

A multi-sector approach to promote physical activity

## OBJECTIVE

Increase physical activity opportunities in Kitsap County.



# Join us May 2022

Campaign will run Spring and Summer of 2022.

Check out the website for free and fun physical activity events and resources.



## FEATURED EVENTS



# Thank you



[kitsapheal.org/kitsap-moves](https://kitsapheal.org/kitsap-moves)



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