Kitsap Public Health Board Special Meeting COVID-19 Update 3-17-2020

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Washington State Status

- 18 counties; 904 cases; 48 deaths
- Majority of cases remain in King and Snohomish Counties
 - King: 488 lab confirmed cases; 43 deaths
 - Snohomish: 200 cases; four deaths
 - Pierce: 38 cases; no deaths
- CLI ED visits and hospitalizations elevated, esp 18-64 YO
- Federal partners standing up drive-through testing sites in King,
 Snohomish and Pierce counties
- WA call-in hotline for public (backlogs addressed?)

Kitsap County COVID Status

- 7 cases; 129 negatives
- Flu season:
 - RSV activity still elevated as in past years
 - Elevated ILI ED visits
 - Positive flu tests leveling off, a but elevated like last year; continue substantial negatives
- CLI ED visits and hospitalizations statistically elevated
- Community-level transmission likely across Kitsap geographies
- Urging isolation if sick and social distancing

Emergency Response Goals:

- Prevent the spread of COVID-19
- Reduce the risk for high-risk populations
- SLOW the INCIDENCE of COVID-19 so that our healthcare system is not overwhelmed

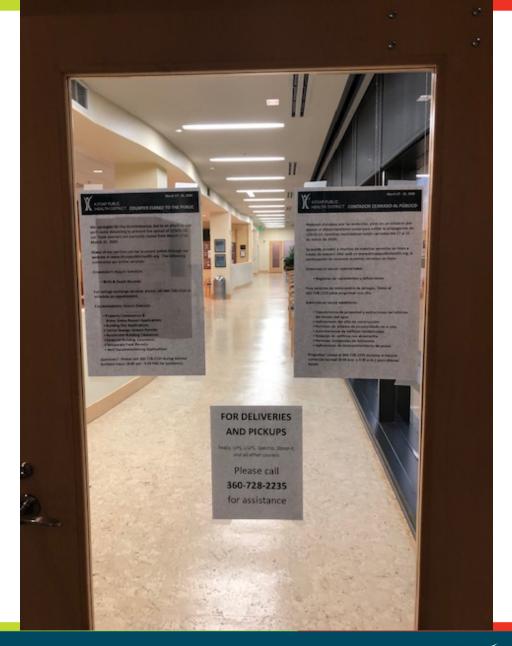
KPHD Activities

- Case and contact investigations
- Major messaging to partners, technical assistance, drills
- Major public messaging re: changing recommendations
- Major healthcare messaging re: changing recommendations
- ICS / ECC Activated
- Health Officer, Administrator, CD, & PIO on 24/7 since Feb. 15
- Public Inquires!
- Through last Friday, 30 employees, 2,500 hours, \$175,000
- Coordinating with DEM/"Unified Command"

Kitsap Jurisdictions

- Declared States of Emergency
- KC DEM EOC Activated
- Housing / Isolation / Quarantine Planning
- Implementing Social Distancing Recommendations





March 17 - 31, 2020

KITSAP PUBLIC HEALTH DISTRICT COUNTER CLOSED TO THE PUBLIC

We apologize for the inconveinence, but in an effort to support social distancing to prevent the spread of COVID-19, our front counters are currently closed from March 17 to March 31, 2020.

Many of our services can be accessed online through our website at www.kitsappublichealth.org. The following summarize our online services:

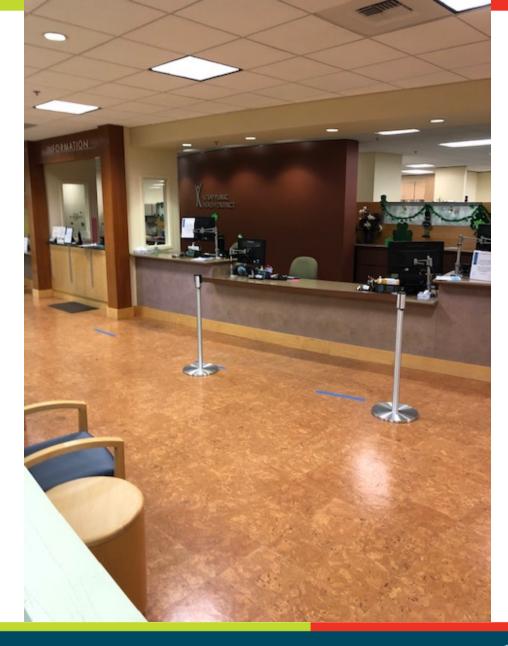
COMMUNITY HEALTH SERVICES:

• Birth & Death Records

For syringe exchange services please call 360-728-2235 to schedule an appointment.

ENVIRONMENTAL HEALTH SERVICES:

- Property Conveyance & **Water Status Report Applications**
- Building Site Applications
- Onsite Sewage System Permits



Purpose of NPIs

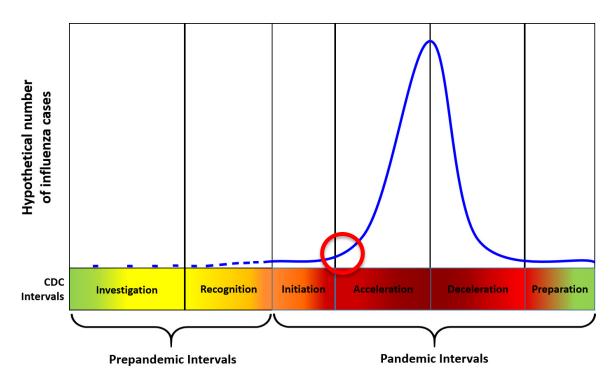
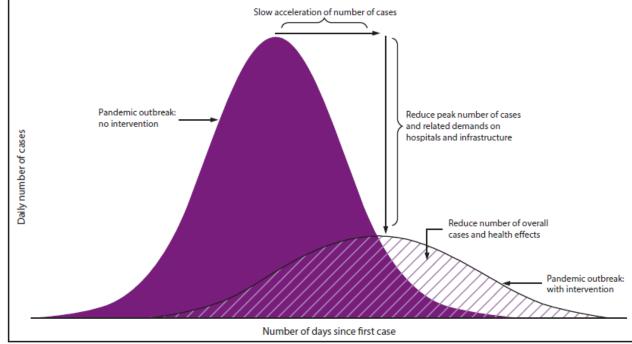


FIGURE 1. Goals of community mitigation for pandemic influenza



Source: Adapted from: CDC. Interim pre-pandemic planning guidance: community strategy for pandemic influenza mitigation in the United States—early, targeted, layered use of nonpharmaceutical interventions. Atlanta, GA: US Department of Health and Human Services, CDC; 2007. https://stacks.cdc.gov/view/cdc/11425.

Nonpharmaceutical Interventions (NPI)

- * 1. Increase handwashing and use of alcohol-based sanitizer
- * 2. Respiratory hygiene and cough etiquette
- 3. Keep distance from others (> 6 feet)
- * 4. Frequently clean and disinfect surfaces
- * 5. Remain home during a respiratory illness
- * 6. Voluntary isolation of sick persons
- * 7. Voluntary quarantine of contacts of sick persons
 - 8. Involuntary isolation of sick persons
- (*) 9. Involuntary quarantine of contacts of sick persons
- * 10. Limiting mass gatherings
- * 11. School closures
 - 12. Travel/transit restrictions (not in effect)
 - 13. Cordons (restriction of movement of people in/out of defined geographic area) (not in effect)

Governor Proclamations

- Gatherings of 50 or more: PROHIBITED
- Gatherings of 49 or less: PROHIBITED unless NPI
- Gatherings in Public Venues: PROHIBITED
- Food Service: In-person dining PROHIBITED
- Schools: CLOSED
- Nursing Homes & LTC Facilities: Visitors PROHIBITED

Are Statewide NPI's Enough?

- Statewide Public Health System is recommending UNITY
- The best expertise / experience from DOH and PHSKC are informing our efforts
- Balance: Disease prevention, Economy, Services

COVID Response Challenges / Gaps

- Limited testing capabilities at state level and at private labs
- Shortages of PPE and testing supplies
- Hospital capacity given expanding ill population
- Schools closed: parental challenges, including healthcare workers
- Behavioral health impacts of fear and isolation
- No funding for response efforts (yet)

KPHD Challenges

- Cases continue to rise—Case investigation capacity
- Physician reporting improving (slow or incomplete reporting)
- Labs report electronically, sometimes without patient contact information (slow or incomplete reporting)
- Partner/Public information demands continue to rise
- Misinformation or incomplete information
- Some staff working long weekdays and Saturdays and Sundays with minimal breaks

KPHD Challenges (cont)

- Staff illnesses
- Using reserve funds
- Running agency, maintaining services, telework options, social distancing at work
- Emergency response/"Unified Command" very challenging—no depth to support

How can Health Board Jurisdictions Help?

- Anticipate and Address Community needs related to social distancing measures
- Housing, Quarantine, and Isolation Facilities
- Help with EOC staffing
- Amplify Messaging
- Be a good Role Model for NPI's and Social Distancing



<u>Emergencies</u> > <u>Novel Coronavirus Outbreak 2020</u>

2019 Novel Coronavirus Outbreak (COVID-19)

On January 21, 2020, the Centers for Disease Control and Prevention (CDC) and Washington State Department of Health announced the first case of 2019 Novel Coronavirus (COVID-19) in the United States in Washington State.

The Washington State Department of Health has established a call center to address questions from the public. If you have questions about what is happening in Washington, or how the virus is spread, please call 1-800-525-0127. Phone lines are currently staffed from 6 a.m. to 10 p.m, seven days a week. Please note that this call center can not access COVID-19 testing results. For testing inquiries or results, please contact your health care provider.

Symptoms and Testing

- What should I do if I have symptoms or have been exposed?
- Call your healthcare provider, or call before going to the emergency room.
- We have guidance available for people who have or think they may have COVID-19:
 - What to do if you have confirmed or suspected coronavirus disease (COVID-19) (PDF)
 - What to do if you were potentially exposed to someone with confirmed coronavirus disease (COVID-19) (PDF)
 - What to do if you have symptoms of coronavirus disease 2019 (COVID-19)
 and have not been around anyone who has been diagnosed with COVID-19
 (PDF)

