KITSAP PUBLIC HEALTH BOARD MEETING MINUTES Regular Meeting February 7, 2017

The meeting was called to order by Board Chair, Commissioner Ed Wolfe at 1:47 p.m.

REVIEW AND APPROVE AGENDA

There were no changes to the agenda.

BOARD MEETING MINUTES

Mayor Becky Erickson moved and Commissioner Charlotte Garrido seconded the motion to approve the minutes for the January 3, 2017, regular meeting. The motion was approved unanimously.

CONSENT AGENDA

The February consent agenda included the following contracts:

- 1316 Amendment 12 (1666), Washington State Department of Health, 2015-2017 Consolidated Contract
- 1343 Amendment 2 (1642), Washington State Health Care Authority, Medicaid Administrative Claiming
- 1560, City of Bremerton, Services Reimbursement Request
- 1611, Olympic Community of Health, Professional Services Agreement
- 1639, Olympic Community of Health, Administrative Support Services
- 1653, Jefferson County Public Health, Data Management

Commissioner Rob Gelder moved and Mayor Rob Putaansuu seconded the motion to approve the consent agenda, including the Contracts Update and Warrant and Electronic Funds Transfer Registers. The motion was approved unanimously.

2017 HEALTH BOARD COMMITTEE ASSIGNMENTS

Mr. Keith Grellner, Administrator, informed the Board that the Board Chair and Vice Chair were selected at the January meeting, but the Board had not yet selected 2017 Committee Assignments. Mayor Putaansuu moved and Mayor Erickson seconded the motion for Board members to maintain the same committee assignments for 2017 that were held in 2016. The motion was approved unanimously.

2017 Kitsap Public Health Board Officers and Committee Assignments are as follows: Board Chair is Commissioner Ed Wolfe and Vice Chair is Mayor Patty Lent; Finance and Operations Committee will remain Mayor Becky Erickson, Commissioner Charlotte Garrido and Mayor Patty Lent; Policy Committee will remain Mayor Becky Erickson, Commissioner Rob Gelder and Mayor Rob Putaansuu; Personnel Committee will remain Councilperson Sarah Blossom, Mayor Patty Lent and Commissioner Ed Wolfe.

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There was no further discussion.

PUBLIC COMMENT

There was no public comment.

HEALTH OFFICER/ADMINISTRATOR'S REPORT

Health Officer Update:

Dr. Susan Turner, Health Officer, provided the Board with a few updates:

First, Dr. Turner noted that flu season is still in full swing, and it has been a rather serious season, with 10 lab confirmed flu-related deaths in Kitsap, all in older individuals. Additionally, she noted that there have been 19 flu outbreaks in Kitsap long term care facilities. All reported outbreaks have been Flu A, or H3N2, which is included in this year's flu vaccine. She also noted that there continues to be elevated numbers of Respiratory Syncytial Virus (RSV) positive tests, which pose a special risk to premature infants and older individuals.

Next, Dr. Turner noted an interesting "twist" on the flu recently, and the role public health plays in our community: In December 2016, influenza H7N2 was identified in cats in New York City with one human infection reported. Cats were isolated and quarantined, and caretakers needed to be monitored for signs of infection. Two individuals involved in this effort were Kitsap residents, so were monitored, one required testing, and was negative.

Next, Dr. Turner informed the Board that there have been no positive cases of mumps in Kitsap so far, for 2016 and 2017. There are still cases occurring in other Washington counties.

Next, Dr. Turner informed the Board that she and Mr. Grellner have been creating their work plans and hope to present them to the Board at the March meeting. Dr. Turner noted that much of her recent work has been in line with Kitsap Community Health Priorities (KCHP), especially as they relate to homelessness and opiate abuse. She also noted that the Opiate Summit occurred on January 30, 2016, and three subsequent workgroups will continue the momentum forward, including one on increasing access to Medication Assisted Therapy (MAT). Additionally, the Salish Behavioral Health Organization (BHO) has expressed interest in issuing an open Request for Proposals (RFP) to establish an outpatient opiate use disorder specialty treatment clinic in Kitsap and Clallam Counties. Locations yet to be determined.

Finally, Dr. Turner provided the Board an update regarding school safety inspection implementation. She met with Olympic Educational Service District (OESD) Superintendent, and she is on the agenda for his next "Superintendent Advisory Committee", along with Drs. Frank and Locke, the health officers for Clallam and Jefferson Counties. The health officers will be discussing public health issues that the superintendents need to be aware of, and Dr. Turner will also discuss the Board's direction to implement the school inspection program in a collaborative and non-burdensome way. She will ask the superintendents to provide a contact person so that they can explore the inspections each district already completes, determine what is

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already being inspected, and avoid duplication. Dr. Turner and Mr. John Kiess, Environmental Health Director, will ask for volunteers to participate in a collaborative planning process for implementation and response.

Commissioner Wolfe asked Dr. Turner to clarify if there was still some resistance from school officials regarding school safety implementation, as she had previously mentioned. Dr. Turner said she will have a better understanding of school officials' level of hesitation after her meeting with the Superintendent Advisory Committee. She also noted that the District's goal is to do anything they can to minimize the duplication of work for the superintendents.

Commissioner Wolfe explained that the implementation of the school inspection program is required by law. Dr. Turner confirmed this.

There was no further comment.

Administrator Update:

Mr. Grellner, Administrator, informed the Board that one of the top priorities of his 2017 work plan is advocating for Foundational Public Health Services funding. Mr. Grellner attended and testified in favor of two bills that were heard in legislature earlier in the day: HB 1432 and SB 5353. Additionally, Mr. Grellner informed the Board of HB 1948, concerning open public meetings of subgroups of a public agency governing body. The proposed bill would require the same public notification for subcommittees, even when there is not quorum, as is required for a political or legislative party.

There have also been three onsite sewage bills proposed. A bill proposed by Senator Jan Angel prohibits state rules to require maintenance contracts with private contractors or easements for certain septic systems. However, there is currently not legislation which requires this, and it was pointed out that action may not be needed on rules that don't currently exist. Another bill of concern requires additional unfunded mandates or work from local health jurisdictions. He will keep the Board updated on the progression of all of these bills.

Mr. Grellner also informed the Board that he met with Representative Derek Kilmer, along with Dr. Turner, Katie Eilers and Dr. Elya Moore regarding the Affordable Care Act (ACA) and how Kitsap County would be impacted if the ACA was repealed or reduced. He contacted Senator Patty Murray on this matter as well.

Next, Mr. Grellner noted that the Solid and Hazardous Waste (SHW) staff met with KNKX (formerly KPLU) radio station in January. They toured the Gorst Landfill Remediation Project and did a taped radio interview which will air later in February.

In March 2017, the District plans to propose a revised Environmental Health Fee Schedule to the Board. The District is currently contacting stakeholders and has a listening session planned for the end of February.

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Additionally, the District has started to send out a proposed amendment to Drinking Water (DW) Regulations. The DW Regulations were adopted in 1999 and have become antiquated, not to mention the District does not currently have the resources to adequately administer its DW program. The District notified 900 Group B water systems in the county of the Draft Amendment and upcoming listening session on March 16, from 6:00 p.m. to 7:00 p.m. at the Norm Dicks Government Center. The main concern from stakeholders thus far is around the proposed operating fee. The operating fee is proposed because District is currently operating this program using general public health funding, which is provided by the county and the cities. The District would like to reserve this funding for programs that cannot operate off of fees, such as the Community Health programs. The fee is \$125 per year and is only intended to cover the administrative cost of administering the state rule. The District will update the Board on the progress of this Draft Amendment at either the March or April Board meetings.

Commissioner Wolfe asked Mr. Grellner to clarify what a Group B water system is. Mr. Grellner explained that a Group B water system serves from two to 15 connections. These are almost exclusively small residential systems and many are owner association operated. About one third of these are overseen by a certified entity such as the Kitsap Public Utility District. Over half are not compliant with the regulations and many are behind on having sanitary surveys or getting water samples. All of these factors contribute to the need for proposed regulations and fees so that the District can better monitor these systems.

Mayor Erickson asked if the District knows the locations of all Group B water systems. Mr. Grellner confirmed that the District has all Group B water systems mapped out, and that the District just needs to follow up with all 900 of these water systems to bring them up to compliance. Mayor Erickson noted that this greatly impacts the value of people's homes, which should be motivating for compliance.

Commissioner Wolfe asked if the Group B water systems that are currently non-compliant are regulated at all. Mr. Grellner explained that they are only regulated when the District happens upon them through other means. Commissioner Wolfe also asked for a few examples of communities in the county that have Group B water systems. Mr. Grellner and a few other members of the Board noted a few communities using Group B water systems, several of which are compliant.

Mr. Grellner informed the Board that the District's Pollution Identification and Correction (PIC) staff, Clean Water Kitsap and WSU Extension office would be hosting a Septic Sense Workshop in Silverdale February 7, 2017 from 6:00 p.m. to 8:00 p.m.

Lastly, Stuart Whitford, PIC Program Manager has accepted a position as Environmental Health Director at Jefferson County and is leaving the District. Mr. Grellner applauded Mr. Whitford's work at the District, making Kitsap's PIC program a national model. The District and the Board congratulated Mr. Whitford and wished him well at his new position.

There was no further comment.

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KITSAP COMMUNITY HEALTH PRIORITIES SUMMIT AND HEALTHY EATING ACTIVE LIVING COALITION

Ms. Katie Eilers, Community Health Director, approached the Board regarding Kitsap Community Health Priorities (KCHP). On March 15, 2017, the Health District and partners will be hosting a KCHP Summit and facilitating a community-engagement "mini" health assessment. The KCHP Summit is entitled "Working together to create a healthier Kitsap", and will be held from 9 a.m. to noon at the Kitsap Conference Center. In addition to the mini health assessment, we will also be highlighting the progress to date on our 2014 KCHP Priorities: Adverse Childhood Experiences; Behavioral Health; Affordable Housing; and Prevent/Reduce Obesity. Kitsap Strong and Kitsap Connect are KCHP priorities. KCHP is also currently developing a Medical Respite program. This would provide medical care for people discharged from Harrison Medical Center who would otherwise go into homelessness. Natalie Logue, an intern with the District, and a nurse at Harrison Medical Center, has been essential in informing the District on Harrison's discharge department.

Ms. Eilers invited and encouraged Health Board members to attend the Summit, and requested for one Board member to open the event on behalf of the Health Board and Health District. Commissioner Gelder volunteered to open the event, if his schedule allows.

Ms. Eilers introduced Yolanda Fong, Community Health Assistant Director, to give a brief overview of KCHP and a PowerPoint Presentation on the Healthy Eating Active Living (HEAL) Coalition. Over the past few years, KCHP has launched a successful initiative called 5210 Kitsap. The initiative promotes 5 or more fruits and vegetables per day; no more than 2 hours of recreational screen time per day; 1 hour of physical activity per day; and zero sugary drinks per day. In 2016, the District trained over 100 teachers and childcare staff for Head Start/Early Head Start in Kitsap County on 5210. Partners also recognize that change needs to happen at the community level. Because these changes are often bigger than one agency, the agencies develop a coalition. Partners of the HEAL Coalition currently include YMCA of Pierce and Kitsap Counties, WSU Extension Kitsap, Suquamish Tribe Community Health, Kitsap County Bikes Everywhere Coalition, Peninsula Community Health Services, and a registered dietitian.

The initial activities for HEAL include research, discussion, and stakeholder engagement through the dissemination and completion of a questionnaire. The Board members received hard copies and a link to the questionnaire and were asked to complete it. Results for the questionnaire will be compiled and aggregate data will be shared at the March 15th KCHP Summit.

Mr. Grellner also noted that the work Ms. Eilers and Ms. Fong are doing relates to the Foundational Public Health Services.

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Dr. Turner noted her appreciation for the KCHP work and how it relates to the policy changes implemented by the Board in the past and future around community health.

There was no further comment.

OLYMPIC COMMUNITY OF HEALTH / THREE COUNTY OPIOID SUMMIT REPORT

Dr. Elya Moore, Olympic Community of Health (OCH) Director, approached the Board regarding the Three County Opioid Summit held on January 30.

Dr. Moore gave a brief overview of the OCH, which one of nine Accountable Communities of Health (ACH) in the state. The OCH region includes Clallam, Jefferson and Kitsap Counties as well at the Sovereign Nations of the Hoh, Jamestown S'Klallam, Lower Elwha Klallam, Makah, Port Gamble S'Klallam, Quileute and Suquamish Tribes. The OCH Board of Directors consists of leaders from tribal nations and health sectors. Currently, Katie Eilers, Kitsap Public Health District Community Health Director, sits on the OCH board.

Dr. Moore reminded the Board that the Health District served as the "backbone" agency for OCH since early 2016. The OCH Executive Director has been a Health District staff position housed at the Health District since April 2016. As intended from the outset, the OCH incorporated November 29, 2016, moved out of Kitsap Public Health District on February 1, 2017, and the OCH Executive Director is no longer employed by the Health District. The Health District will remain a close partner with the OCH, both through participation on its board and committees, and also through various projects.

In July 2016, the OCH selected a regional health improvement project: Three-County Coordinated Opioid Response. This project is a partnership between the OCH and the SBHO. Dr. Turner serves on this project's Steering Committee. The goal is to coordinate and implement a community response to the opioid crisis in Kitsap, Jefferson, and Clallam counties, including the tribal nations within those boundaries.

The project is planned to be carried out in two phases. The first phase was a planning and assessment phase, and ended January 31, 2017. The next phase will begin implementation, with ongoing assessment and monitoring into this problem. The long term goals are to: Prevent opioid misuse and abuse; Treat opioid dependence; and Prevent deaths from opioids.

On January 30, 2017, the OCH and SBHO co-hosted an Opioid Summit in Kingston, WA. Approximately 230 people attended this event. The goal of this event was to share results from the assessment phase and encourage participation in the implementation phase.

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The Medicaid Demonstration Transformation Project ("Demonstration") requires a coordinated opioid response for all ACHs statewide. The Demonstration will provide funding for the administration and implementation of these projects.

Mayor Erickson asked Dr. Turner to confirm that the SBHO was interested in issuing and RFP for a MAT center. Dr. Turner confirmed this to be true.

Dr. Moore added that the state applied for an additional \$11.2 million in funding for a Hub and Spoke model to address the opioid issue. Dr. Turner added that this would dovetail with a specialty treatment clinic.

Mayor Lent noted that she attended the Summit and that a representative from the Governor's office was also in attendance. She also noted that the state received less funding than expected for the Foundational Public Health Services, but that the state should consider this a starter fund. Lastly, she commented that Kitsap County appears to be a leader in the state for addressing the opioid issue, which is a great achievement.

Mayor Erickson commented that she also attended the Summit and has been a strong advocate of this work for several years. She was interested in the expansion of treatment options that are no longer limited to methadone. She also emphasized that opioid abuse is a medical condition.

Commissioner Garrido noted that she attended the Summit and applauded the great work being done.

Dr. Moore thanked the Board for the positive feedback and thanked the District for their support.

Commissioner Gelder commented that opioid abuse is transitioning to a chronic disease model for treatment.

Mayor Erickson asked what the next steps of the Opioid Project are, and noted that she signed up to join one of the work groups. Dr. Moore said the OCH needs to hire staff, prioritize tasks, define measures and submit a project plan to the WA Health Care Authority.

Mayor Erickson also asked how many jurisdictions use naloxone. Dr. Turner explained that all of the jurisdictions use and are trained to use naloxone, with the exception of Port Orchard law enforcement.

Mr. Grellner thanked Dr. Moore for her service with the OCH.

There was no further comment.

ADJOURN

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There was no further business; the meeting adjourned at 2:49 p.m.

Ed Wolfe Keith Grellner
Kitsap Public Health Board Administrator

Board Members Present: Councilperson Sarah Blossom; Mayor Becky Erickson; Commissioner Charlotte Garrido; Commissioner Rob Gelder; Mayor Patty Lent; Mayor Rob Putaansuu; Commissioner Ed Wolfe.

Community Members Present: Lisa Al-Hakim, *Peoples Harm Reduction Alliance*; Elya Moore, Ph.D., *Olympic Community of Health*; Tad Sooter, *Kitsap Sun*; Lisa Rey Thomas, *UW Alcohol and Drug Abuse Institute*.

Staff Present:

Karen Boysen-Knapp, Community Liaison, Chronic Disease Prevention; Katie Eilers, Director, Community Health; Yolanda Fong, Assistant Director, Community Health; Keith Grellner, Administrator; Karen Holt, Program Manager, Human Resources; Angie Larrabee, Confidential Secretary, Administration; Natalie Logue, Intern, Kitsap Community Health Priorities; Susan Turner, MD, Health Officer; Jim Zimny, Program Manager, Food and Living Environment.