KITSAP PUBLIC HEALTH BOARD MEETING MINUTES

Regular Meeting June 7, 2016

The meeting was called to order by Board Chair, Mayor Becky Erickson at 1:46 p.m.

MINUTES

Mayor Rob Putaansuu moved and Commissioner Robert Gelder seconded the motion to approve the minutes for the May 3, 2016, regular meeting. The motion was approved unanimously.

CONSENT AGENDA

The June consent agenda included the following contract:

• 1557, Office of Superintendent of Public Instruction, Food Sanitation Inspections, Interagency Agreement

Commissioner Gelder moved and Commissioner Charlotte Garrido seconded the motion to approve the consent agenda, including the Contracts Update and Warrant and Electronic Funds Transfer Register. The motion was approved unanimously.

PUBLIC COMMENT

There was no public comment.

HEALTH OFFICER/ADMINISTRATOR'S REPORT

Health Officer Update:

Dr. Susan Turner, Health Officer, provided a few quick announcements and updates. First, flu season has taken a hiatus, but Dr. Turner noted that influenza is present year-round. She also informed the Board that the Respiratory Illness Report will be released monthly until flu season resumes, when it will be released weekly again. Second, following the May Board meeting, a subsequent meeting occurred with partners across the three counties (Kitsap, Jefferson, and Mason) to discuss the opiate response plan, and potentially pursue a three-county model for a summit and a response plan using the Behavioral Health Organization (BHO) as the infrastructure. This idea was positively received at the meeting and she understands that Anders Edgerton and Dr. Elya Moore will meet to discuss how the BHO and Olympic Community of Health (OCH) can collaborate on something for the opiate response plan and a summit. Third, the District has done a lot of work regarding the Foundational Public Health Services. Representatives from the District will be attending the Washington State Association of Local Public Health Officials (WSALPHO) summer meeting on June 8 where the Foundational Public Health Services will be a primary topic of the agenda. Finally, the District has been preparing for Cascadia Rising, an emergency response exercise that commenced that morning. As part of the Cascadia exercise, the Health Officer was consulted about how to help individuals coming into pharmacies during an emergency who don't have their medications, but have record of their

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prescription at a particular pharmacy. The Health Officer was asked how these situations should be handled. Dr. Turner indicated that her response was to make a call to the Department of Health and the Governor to request the inclusion of a waiver for pharmacists to issue the medication in these instances, in the declaration for emergency.

There was no further discussion.

Administrator Update:

Mr. Scott Daniels, Administrator, thanked the Board for a productive work study session on June 2, 2016, and offered to meet with Board members who were unable to attend to review the information and presentations that were covered.

One of the items discussed at the work study session was Board contributions to the Norm Dicks Government Center debt service cost for the District. Mr. Daniels sent the Board a summary of these costs earlier in the day. The District plans to bring a resolution on this issue to the Board in July.

Mr. Daniels used the remainder of his time to note that this was his last meeting and thanked the Board for allowing him to serve as Administrator of the District for the past two years. He will retire at the end of June after 26 years with the District.

There was no further discussion.

KITSAP PUBLIC HEALTH BOARD ORDINANCE 2016-01: REGULATIONS RESTRICTING VAPING IN INDOOR PLACES

Mr. Keith Grellner, Environmental Health Director, addressed the Board. Pursuant to the Board's direction during the May 3, 2016, regular meeting, the District revised Ordinance 2016-01, Regulations Prohibiting Vaping in Indoor Public Places (VIPP), for the Board's review and consideration; a copy of the revised ordinance was provided to the Board.

Mr. Grellner indicated that, if adopted, the VIPP ordinance will in effect expand the Board's Smoking in Public Places regulations, Ordinance 2013-01, to include vapor products --- also known as electronic cigarettes or electronic nicotine delivery systems (ENDS) --- making it a violation of health code to use vapor products (i.e., "vape" or "vaping") in any indoor public place.

Indoor public places include that portion of any building or vehicle used by and open to the public, such as bars, restaurants, coffee shops, stores, malls, theatres, auditoriums, bowling alleys, casinos, hotels, motels, transportation facilities, and most places of employment. Indoor public places also include the "presumptively reasonable distance" of 25 feet from any door, windows that open, and ventilation intakes that serve an enclosed area where vaping is prohibited.

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Mr. Grellner informed the Board that the proposed VIPP ordinance had been reviewed by the District's legal representatives, and it is their opinion that it is compliant with Engrossed Substitute Senate Bill (ESSB) 6328, An Act Relating to Youth Vapor Product Substance Use Prevention and Vapor Product Regulation, which was signed into law by the Governor on April 19, 2016. ESSB 6328 becomes effective June 28, 2016.

Mr. Grellner noted that as discussed during the May board meeting, due to preemption language in ESSB 6328, the VIPP ordinance <u>does not</u> regulate or address vaping inside of state licensed vapor product retail outlets or outdoor public places. Under ESSB 6328, vaping inside of state licensed retail outlets, or vaping in areas designated as outside public places, is *completely unrestricted* <u>unless</u> the outdoor public place is an area where children congregate, such as schools, playgrounds, and parks (Section 3 (2)). ESSB 6328 also prohibits vaping inside of schools, school buses, within 500 feet of schools, childcare facilities, and elevators (Section 21).

Finally, Mr. Grellner mentioned that the VIPP ordinance included two major changes from the draft document that the Board reviewed during the May meeting:

- 1. A waiver provision, which would have made it possible for indoor public places to allow vaping under certain conditions, had been removed as directed by the Board; and
- 2. "Transition period" language was added to Section 4 to clarify that vapor product retailers --- in existence prior to the effective date of the ordinance --- are not subject to the regulations during the period of time between when they apply for a state license and the state license is actually issued. This language was added at the request of a local attorney representing several local vape retailers.

Mr. Grellner stated that notice of today's possible action on the proposed VIPP ordinance had been posted on the Health District's website since May 11, 2016. A public notice was posted in the Kitsap Sun on May 26, 2016. Additionally, three listserv updates on the VIPP process had been sent out during the month of May to those individuals who signed up for notices during the three public listening sessions held between March 10 and March 29, 2016, in Bremerton, Port Orchard, and Poulsbo.

PUBLIC HEARING: KITSAP PUBLIC HEALTH BOARD ORDINANCE 2016-01: REGULATIONS PROHIBITING VAPING IN INDOOR PLACES

Mayor Erickson opened the public hearing at 1:55 p.m.

Upon seeing no public comment, Commissioner Gelder advised the board to proceed to the next agenda item and to keep the public hearing open until after 2:05 p.m., the time stated on the agenda for the public hearing.

Mayor Erickson agreed and stated that the public hearing would remain open until the end of the meeting and the board would revisit the ordinance at that time.

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2015 DISTRICT WORK PLAN HIGHLIGHTS

Ms. Tracey Kellogg, Finance and Performance Manager at the District, presented a PowerPoint on the District's 2015 Program Work Plan Results. Ms. Kellogg started off by explaining that the District normally presents this information in a detailed report to the Board annually, although this year the focus was to streamline the report and only present the highlights of the District's 2015 work. Ms. Kellogg explained that this information resulted from implementing program work plans, which are a component of the District's performance management system that ties into the District's Strategic Plan. She summarized the report as follows:

Goal 1: We will strengthen our ability to prevent and control communicable diseases In collaboration with the Peoples Harm Reduction Alliance, a secondary needle exchange provider, the District provided safe needle disposal and harm reduction education to ensure access to safe needle disposal throughout the county. Additionally, the District developed the first Kitsap Public Health District Respiratory Illness Report informing the community about the status of influenza and respiratory syncytial virus contagion within the community. The District also developed MERS and Ebola response procedures and tested both with Harrison Health Partners during potential case investigations.

Goal 2: We will decrease chronic diseases and their impacts in our community

The District implemented 15 different policy, environmental, and lifestyle improvement strategies to prevent diabetes and cardiovascular disease with 13 clinic and non-profit partners in the Olympic Community of Health region. Through several collaborative 5210 projects, children ages three through nine got moving. In order to improve healthy food access, the District collaborated with retailers in Bremerton with a high percentage of low-income clientele to improve the affordability and availability of fruits and vegetables. Additionally, the District partnered with planners form the City of Bremerton, the City of Port Orchard, and Kitsap County to incorporate health elements into comprehensive plan revisions as a way to promote active living.

Goal 3: We will prevent and reduce environmental threats to public health from contaminated water, food, land and air

The District investigated and enforced the correction of 228 failing onsite septic systems, and inspected and/or approved repair permits for all 228 of the septic system repairs. Additionally, the District completed 2,669 food establishment inspections, and identified and enforced the correction of 706 high-risk food code violations. The Solid & Hazardous Waste team investigated and confirmed 567 solid waste complaints, and abated 529 or 93%.

Goal 4: We will promote healthy child development and health equity by ensuring all children have healthy starts

The District formally launched Kitsap Strong, a collective impact approach bringing over 40 non-profit, social service, health care, and government partners to the table to prevent adverse childhood experiences (ACES) and promote resiliency. The District also initiated a monthly bilingual maternity support services group for Spanish-speaking pregnant and parenting women

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(many of whom are new immigrants) to provide prenatal health education, support breastfeeding, promote healthy child development, and create a social network that fosters resiliency. Thirty families have benefited from these groups. Additionally, the District provided 526 professional nurse visits to 31 first-time, low-income mothers using the evidence based Nurse Family Partnership model to improve pregnancy outcomes, improve child health and development, and improve family economic self-sufficiency.

Goal 5: To accomplish our goals, we will strengthen our financial and technological resources and ensure our workforce has the new skills required in our changing environment. We will also increase the extent to which community members and policy makers perceive public health to be an essential asset in their lives.

The District achieved national accreditation by the Public Health Accreditation Board (PHAB) and was the second local health jurisdiction in Washington to achieve this honor. Accreditation serves to strengthen engagement in quality improvement and performance management in order to improve our ability to serve our community. The Board and Accredited Health Departments are dedicated to improving and protecting the health of the public by advancing and ultimately transforming the quality and performance of state, local, tribal, and territorial public health departments.

Other Important Services

In addition to the previously mentioned services and accomplishments, the District also served as the backbone organization in forming the Olympic Community of Health (OCH) which works to implement the Triple Aim of health system reform: improving the patient experience of care (including quality and satisfaction); improving the health of populations; and reducing the per capita cost of health care. In 2015, the OCH received official State designation as an Accountable Community of Health (ACH), one of nine across the state and representing the interest of stakeholders in this process for Clallam, Jefferson and Kitsap counties.

Lastly, the District revised its basic emergency response plan to comply with national standards, including the National Incident Management System.

Mayor Erickson commented that this was a nice summary of results.

Mr. Daniels added that this presentation did not cover all aspects of work the District performed this year, but it noted some of the highlights from 2015.

Mayor Erickson commented on the numerous phone calls the District must receive regarding everything from Measles to bee stings to septic systems and the broad span of work the District does.

There was no further discussion.

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MENTAL HEALTH, CHEMICAL DEPENDENCY, AND THERAPUTIC COURTS 1/10 of 1% FUNDED PROJECTS (HEALTH DISTRICT)

Ms. Suzanne Plemmons, Community Health Director, informed the Board that the District was awarded funding for two projects for an 18-month period beginning July 1, 2016. She provided the Board with a brief overview of these projects and the goals the District hopes to achieve.

Project #1: Kitsap Connects

The District received an award through the Kitsap County Mental Health, Chemical Dependency, and Therapeutic Courts local tax in the amount of \$518,451 for a new project entitled "Crisis Response and Coordinated Care Demonstration Project", but referred to in the community as "Kitsap Connects". This collective impact project will help some of the most vulnerable Bremerton and Central Kitsap residents, who are experiencing (or are at risk of) mental illness, chemical dependency, physical illnesses, and homelessness, by improving access to the care they need. Using a multi-disciplinary, mobile outreach team that includes intensive care coordination services, this project will provide the critical engagement and connective tissue to link these residents with desperately needed services that will ultimately reduce these issues and concerns. This will, in turn, reduce inappropriate or unnecessary utilization of costly services.

The District will serve as the backbone agency for this collaborative project, and will hire a Program Coordinator to manage the day-to-day operations of the grant. The District will also hire a Public Health Nurse to serve as the chronic disease and wellness content expert on the multidisciplinary team. Key partners include Kitsap Mental Health, who will receive a subcontract to provide a Mental Health Professional for the team, and Kitsap Community Resources, who will receive a subcontract to provide a Housing Outreach and Stabilization Coordinator.

Partner agencies, including Bremerton Housing Authority, Bremerton Fire Department, Bremerton Police Department, Salvation Army, CHI/Harrison Medical Center, and others, will refer their "top utilizers of service" to the multi-disciplinary team for intensive care coordination. Over the 18-month grant, the District anticipates serving 50 individuals. Lessons learned from this demonstration project will be applied to refine the program design with the intent of scaling up to serve the entire county over time.

Project #2: Improving the Health and Resiliency of High-Risk Mothers and Their Children

The District was also awarded \$193,631 to provide professional nursing and Community Health Worker support to low-income pregnant and parenting families.

This two-tiered project has the goal of preventing mental illness, behavioral problems, and future addiction in young children by intervening with families who either have, or are at risk for substance abuse and/or mental health problems.

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The first tier will provide the evidenced-based Nurse Family Partnership (NFP) program to 12 first time, low-income moms and their babies.

The second tier will add a bilingual (English – Spanish) Community Health Worker (CHW) to our Parent Child Health team to provide outreach and case management. CHW outreach will allow us to increase enrollment of high-risk, low-income pregnant women into our Maternity Support Services and NFP programs. CHW assistance with case management will allow nurses and our behavioral health specialist to make more client visits. The addition of a CHW to our team will allow us to serve an additional 109 families and provide 150 more nursing and behavioral health specialist visits in the next 18 months.

Mayor Erickson commented that these are two very good projects.

Commissioner Gelder asked the District to provide baseline data for these and future projects. Ms. Plemmons confirmed that baseline data will be provided in the future.

Mayor Erickson thanked the commissioners for passing the 1/10 of 1% tax and commented on the various projects that have benefited from that money.

Mr. Daniels noted that the concept of community health workers is a key discussion point of health care reform. They are seen as a way to reach vulnerable and high utilizer populations, and to connect these people to services and help them self-manage for chronic diseases. It is a way to drive down the cost of health care and also to improve the quality of care. For example, hospitals are looking at community health workers as one way to reduce the number of high utilizers that might go to the emergency room, or that are highly dependent on services that they are unable to pay for. Mr. Daniels also noted that the Board can expect to hear a lot more from the District in the future about community health workers as well as health care system changes.

Mr. Daniels also noted that Mayor Erickson had requested that the District present information to the Board about the entire list of 1/10 of 1% projects, and asked the Board how they would like this information presented to them. Mayor Erickson responded that she had made that request so that people could learn about the importance of these projects. She recommended a mid-year update on all of the 1/10 of 1% projects, not just the District related ones. Commissioner Garrido mentioned her staff may be able to assist with these presentations and agreed that these presentations are a valuable way to inform the community and extend the message of importance.

Mayor Erickson commented that this was a courageous political decision by the county commissioners (to implement the tax) and agreed on the importance of extending the message to the community. She suggested that the District should make another presentation on these projects around December, 2016. Mr. Daniels confirmed that the District would be happy to prepare these presentations at that time.

Commissioner Gelder asked for confirmation that these projects are 18 months in duration. Mr. Daniels confirmed.

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On the topic of community workers, Commissioner Gelder also mentioned Project Access, which connects individuals with medical access who are uninsured or underinsured, as an example of a collaboration that addresses issues with high utilizers.

There was no further discussion.

RESUMED PUBLIC HEARING: KITSAP PUBLIC HEALTH BOARD ORDINANCE 2016-01: REGULATIONS PROHIBITING VAPING IN INDOOR PLACES

Mayor Erickson resumed the public hearing at 2:19 p.m.

Seeing no public comment, Mayor Erickson closed the public hearing at 2:19 p.m.

APPROVAL OF KITSAP PUBLIC HEALTH BOARD ORDINANCE 2016-01: REGULATIONS PROHIBITING VAPING IN INDOOR PLACES

Commissioner Gelder moved and Commissioner Ed Wolfe seconded the motion to approve Kitsap Public Health Board Ordinance 2016-01: Regulations Prohibiting Vaping in Indoor Places. The motion was approved unanimously.

Commissioner Gelder commented that this has been a very interactive process that has been in the works since he joined the board about five years ago. The Board had been waiting for the FDA or the State to make a move, until recently when the Board decided to address the issue locally. He mentioned appreciation for all the work staff and the Board have put into this ordinance, including collaboration with local business and the community.

Mayor Erickson agreed with Commissioner Gelder's comments and added that this has been a good learning process for the Board.

Commissioner Wolfe also agreed with Commissioner Gelder and Mayor Erickson and noted that there were several drafts and revisions by both the District and the State, but feels that this ordinance is a good outcome for the safety and health of our community.

Commissioner Gelder commented that the listening sessions were very helpful in this process and that he attended two of the three sessions. He added that they were a great way to hear from the community members as well as local business owners.

Mayor Erickson noted that this process was very well done throughout the county and was one of the better political processes she has been involved in.

There was no further discussion.

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SCOTT DANIELS RETIREMENT

The Board took this time to thank Scott Daniels for his 26 years of service with the District and his positive contributions and dedication to community health in our region. The Board bid Mr. Daniels farewell and wished him luck with his future endeavors.

ADJOURN

There was no further business; the meeting was adjourned at 2:33 p.r

Becky Erickson

Kitsap Public Health Board

Keith Grellner Administrator

Board Members Present: Council Member Sarah Blossom; Mayor Becky Erickson; Commissioner Charlotte Garrido; Commissioner Rob Gelder; Mayor Rob Putaansuu; Commissioner Ed Wolfe.

Community Members Present: Aaron Crisp, Crisp Vapes; Stasha Dennard; Office of Congressman Derek Kilmer; Roger Gay, South Kitsap Taxpayer; Deanne Jackson, Kitsap County Human Services; Shane Mabry; New Way Vapors; Tad Sooter, Kitsap Sun; Doug Washburn, Kitsap County Human Services.

Staff Present: Karen Bevers, PIO/Communications Coordinator, Administration; Dana Bierman, Community Liaison; Chronic Disease prevention; Scott Daniels, Administrator; Kerry Dobbelaere, Program Manager, Clinical Services; Kelly Evans, Administrative Assistant, Administration; Keith Grellner, Director, Environmental Health Division; Margaret Hilliard, Accounting Assistant, Accounting; Karen Holt; Human Resources Manager, Human Resources; Tracey Kellogg, Finance Manager, Accounting; Angie Larrabee, Confidential Secretary, Administration; Suzanne Plemmons, Director, Community Health Division; Shelley Rose, In-Person Assister, Clinical Services; Susan Turner, Health Officer.