

KITSAP COUNTY BOARD OF HEALTH
Regular Meeting
March 2, 2010

Board Chair Mayor Patty Lent called the meeting to order at 11:25 a.m. and noted for the record that Commissioner Josh Brown was unable to attend today's meeting because he was called for jury duty.

MINUTES

Commissioner Steve Bauer moved and Commissioner Charlotte Garrido seconded a motion to approve the minutes of the February 2, 2010, regular board meeting. The motion passed unanimously.

CONSENT AGENDA

The following contracts were included on the consent agenda:

- Contract 679, Kitsap County Memorandum of Agreement Regarding Health District Services at the Department of Community Development
- Contract 771, Olympic Educational Service District 114 Early Head Start Home Based Services

After a brief discussion, Council Member Roy Runyon moved and Council Member Kirsten Hytopoulos seconded to approve the items on the consent agenda. The motion passed unanimously.

PUBLIC COMMENT

There was no public comment.

DIRECTOR'S REPORT

Dr. Scott Lindquist, Director of Health, commented on a recent news story of a study by the University of Wisconsin and the Robert Wood Johnson Foundation that ranked U.S. counties on five health measures. The results of this study ranked Kitsap County at anywhere from 10th to 20th out of the 39 Washington Counties, depending on the measure. Lindquist noted that these measures are greatly influenced by the economic status of residents and that a better measure of the health of Kitsap County residents can be found in the District's annual "report card" using indicators found in the Behavioral Risk Factor Surveillance System or BRFSS and other surveys.

Bringing the Board up-to-date on the H1N1 influenza outbreak, Lindquist reported that H1N1 influenza activity in the County is minimal at this time. He also noted that there was only a modest response to the free mass vaccination clinic that was recently held at the Norm Dicks Government Center and commented that it proved to District staff that these kinds of mass vaccination clinics are not the most efficient way to reach a majority of county residents.

HEALTH DISTRICT BUDGET AND PROGRAM PRIORITIES DISCUSSION 5

Dr. Lindquist opened the fifth session in a continuing review of Health District programs and noted that the Program Priorities Matrix that was included in the Board packet was expanded in response to a request at the February meeting by Mayor Becky Erickson. The matrix was expanded to include additional information about the sources of program funding. He further reminded Board members that as a result of program cuts over time in response to revenue

reductions, the District programs that remain and are being reviewed today are programs that provide services to underserved populations or provide services that aren't available by other providers.

Dr. Lindquist began today's review with the programs in the Health Promotion Program beginning with KTASC (Kitsap Tobacco Alcohol and Other Substance Abuse Prevention) Program whose goal is to reduce the burden of disease in the community by preventing or reducing substance abuse among youth and over time with adults. In response to a question about the program's funding, Lindquist introduced Ms. Cris Craig, Health Information Resources Program Manager, who provided information to the Board about KTASC's funding. Craig explained that KTASC is funded from a federal Drug Free Communities grant that will provide five to ten years of sustainable funding for the KTASC program.

In introducing the second program within Health Promotion: the Obesity Prevention Program, Lindquist explained that this program focuses on a multi-disciplinary approach, providing advisory information from local data that can guide decision makers in the community about policies that can help address the obesity epidemic. In response to a Board question about how this program interfaces in the community, Ms. Craig explained that she thinks of all Health Promotion activities, including the work of the obesity prevention program, as a "friendly virus" that introduces best practices to organizations in the community to encourage policy decisions that will make "the right thing to do, the easy thing to do." Health Promotion staff use a methodology that expands the reach of the District's programs by working with community partners to affect behaviors ranging from obesity to tobacco cessation. In response to a question about funding for this program, Mr. Scott Daniels, Deputy Director, explained that this program has no other provider in the community and does require local dollars for support in addition to Local Capacity Development Funds (LCDF) discretionary funding from the Washington State Department of Health.

Moving through the matrix, Lindquist passed over the Oral Health Program, which was discussed in the February meeting and introduced the Tobacco Cessation Program whose focus is increasing the quit rate among smokers. Lindquist noted that the most important predictor of good health for an individual is whether or not they smoke. Lindquist then introduced Karen Boysen-Knapp, a public health educator in the Tobacco Cessation Program, who reviewed a fact sheet from the Board packet that summarized the impact of this program in Kitsap County over the last ten years.

ADJOURN

There was no further business; the meeting was adjourned at 12:26 p.m.

Mayor Patty Lent, Chair
Kitsap County Board of Health

Scott W. Lindquist, MD, MPH
Director of Health

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Board Members Present: *Commissioner Steve Bauer; Commissioner Charlotte Garrido; Mayor Becky Erickson; Council Member Kirstin Hytopoulos; Mayor Patty Lent; Council Member Roy Runyon*

Board Members Absent: *Commissioner Josh Brown; Mayor Lary Coppola*

Staff Present: *Karen Boysen-Knapp, Public Health Educator; Candy Cardinal, Public Health Educator; Cris Craig, Program Manager, Health Information Resources; Scott Daniels, Deputy Director; Keith Grellner, Director, Environmental Health Division; Karen Holt, Personnel Assistant; Leslie Hopkins, Special Projects Program Coordinator, Administration; Scott Lindquist, MD, MPH, Director and Health Officer; Akiko Miller, Intern; Maureen Murphy, Program Manager, Human Resources; Suzanne Plemmons, Director, Community Health Division; Shelley Rose, Public Health Educator; Liz Wilhelm, KTASC Program Coordinator*

Public Present: None